36th Annual Cherry Blossom Seminar  
In conjunction with  
Fifth Annual Walter Reed Sports Medicine Symposium

Thursday April 6, 2017
The Ben Shaffer Memorial Military Session
12:00-1:00 pm Registration (Lobby)
1:00-1:05 pm Opening Remarks
Jonathan F. Dickens, M.D.

Session I: Shoulder Instability
Moderator: Robert A. Arciero, M.D. and John M. Tokish, M.D.
1:05-1:17 pm In-Season Anterior Shoulder Instability: What is the Harm in Waiting?
Jonathan F. Dickens, M.D.
1:17-1:29 pm Posterior Instability: How to Get the Midshipman Back to Push-Ups
Lance E. LeClere, M.D.
1:29-1:41 pm Whenever You Fix the Bankart, Do It Arthroscopically & Here Is Why
Steven Svoboda, M.D.
1:41-1:53 pm Forget the Latarjet: Do a Good Open Bankart and Here is How
Robert A. Arciero, M.D.
1:53–2:05 pm Don’t Forget About Remplissage
John M. Tokish, M.D.
2:05–2:17 pm When to Pull the Trigger on the Latarjet?
Matthew T. Provencher, M.D.
2:17–2:30 pm Q & A

Session II: The Retiree’s Shoulder
Moderator: Jeffrey S. Abrams, M.D. and John-Paul Rue M.D.
2:30–2:42 pm How to Make MRI Helpful for Planning Rotator Cuff Repair
Mark Murphey, M.D.
2:42–2:54 pm Which Rotator Cuff Tears Should We Treat Non-operatively and How
Mark Pallis, D.O.
2:54–3:06 pm How to Get the Rotator Cuff Tear Right the First Time
Jeffrey S. Abrams, M.D.
3:06–3:18 pm My Approach to the Biceps Tendon: What to Do and When
John-Paul Rue, M.D.
3:18–3:30 pm What I Have Learned with Superior Capsular Reconstruction
Thomas M. DeBerardino, M.D.
3:30–3:50 pm Q & A

3:50–4:00 pm Break

Session III: Knee Cartilage and Meniscal Injuries
Moderator: Thomas M. DeBerardino, M.D. and Lance E. LeClere, M.D.
4:00–4:12 pm The “Degenerative Knee Scope”: What is the Evidence in 2017?
A. J. Johnson, M.D.
4:12–4:24 pm Meniscal Root Tears: When to Fix and Pearls for Success
Robert A. Arciero, M.D.
4:24–4:36 pm  How to Get the HTO Right

Thomas M. DeBerardino, M.D.
4:36–4:48 pm  Indications and Considerations for Tibial Tubercle Osteotomy

Chris Tucker, M.D.
4:48–5:00 pm  Cartilage Repair: Special Options for Special Forces

Kevin Wilson, M.D.
5:00–5:15 pm  Q & A
5:15 pm  Adjourn
36th Annual Cherry Blossom Seminar

Friday April 7, 2017
7:00-8:00 am  Registration/Exhibit/Continental breakfast
8:00-8:10 am  Welcome and Opening Remarks
   M. Mike Malek, M.D.

Knee Session I: Meniscus
Moderator:        Jason Koh, M.D.
8:12-8:32 am     MRI with Clinical and Arthroscopic Correlation
   Steven A. Meyers, M.D.
8:32-8:44 am     Inside Out Meniscus Repair: Who Needs it?
   Robert E. Hunter, M.D.
8:44-8:56 am     All Inside Meniscus Repair: Should We Broaden Our Horizon?
   Alvin J. Detterline, M.D.
8:56-9:08 am     All Inside Meniscus Repair: Pearls and Perils of Technique
   Louis F. McIntyre, M.D.
9:08-9:20 am     Complex Meniscal Tear Patterns: What Can I Do?
   Nicholas A. Sgaglione, M.D.
9:20-9:32 am     Meniscus Allograft Reconstruction: Indications, Techniques and Results
   Darren L. Johnson, M.D.
9:32-9:50 am     Q & A
9:50-10:30 am    Refreshment/ Exhibit

Knee Session II: Ligaments
Moderator:        M. Mike Malek, M.D.
10:30-10:42 am   Primary ACL Reconstruction: Make the Right Graft Choice
   Nicholas A. Sgaglione, M.D.
10:42-10:54 am   The Anterolateral Ligament (ALL): 5 Things You Need to Know
   John C. Richmond, M.D.
10:54-11:06 am   ACL Reconstruction in the 21st Century: Getting the Femoral Tunnel Right
   Robert E. Hunter, M.D.
11:06-11:18 am   Revision ACL Reconstruction: Steps to Success
   Darren L. Johnson, M.D.
11:18-11:30 am   PCL Reconstruction: Step by Step Technique and Result
   Jason Koh, M.D.
11:30-11:42 am   The Posterolateral Corner
   Darren L. Johnson, M.D.
11:42-12:00 pm   Q & A
12:00-1:30 pm    Lunch Talk/Box Lunches
                        American Civil War 150 Years Later
                        What Did the Physicians Learn?
                        Edward R. McDevitt, M.D.

Knee Session III: Articular Cartilage
Moderator:        Darren L. Johnson, M.D.
1:30-1:42 pm     An Overview of Indications: How to Make Sense of Treatment
Options- Microfracture to Cell-Based Therapies
Jack Farr, M.D.
1:42-1:54 pm
Biological Injection Therapies: An Evidence-Based Update
Donald A. Buford, M.D.
1:54-2:06 pm
Practical Approaches that Work: Treating the Osteochondral Unit
Nicholas A. Sgaglione, M.D.
2:06-2:18 pm
Current Concepts and Techniques for Fixation & Repair of OCD Lesions
Jason Koh, M.D.
2:18-2:30 pm
Complex Combined Pathologies: Osteotomy to Meniscal Transplant
John C. Richmond, M.D.
2:30-2:42 pm
Emerging Novel Therapies: Are We There yet? Why Not?
Jack Farr, M.D.
2:42-3:00 pm
Q & A
3:00-3:45 pm
Refreshment/Exhibit

Session IV: Patellofemoral Joint
Moderator: Nicholas A. Sgaglione, M.D.
3:45-4:05 pm
Honored Professor Lecture
Patellofemoral Instability Surgery 2017
John P. Fulkerson, M.D.
4:05-4:17 pm
Patellar Articular Cartilage Restoration
Jack Farr, M.D.
4:17-4:29 pm
Patellofemoral Surgery Complications
And How to Avoid Them
John P. Fulkerson, M.D.
4:29-4:41 pm
Extensor Mechanism Injuries
M. Mike Malek, M.D.
4:45-6:00 pm
Workshop/Breakout I
PRP and Stem Cell Therapy Live Demonstration
Sponsored by Sonosite and Celling Biosciences
Donald A. Buford / M. Mike Malek, M.D.
Workshop/Breakout II
In Office Diagnostic Arthroscopy
Generating Revenue for Your Practice
Sponsored by Trice
M. Mike Malek, M.D.
Workshop/Breakout III
Outpatient Total Knee Arthroplasty: Pre and Postoperative Management CMS Consideration/Pain Management
Peter F. Sharkey, M.D./Jon F. Dickens, M.D.
Workshop/Breakout IV
Meniscal Repair and Innovative Technique
Sponsored by Ceterix
Alvin J. Detterline, M.D.
36th Annual Cherry Blossom Seminar

Saturday April 8, 2017
7:00-8:00 am Registration/Exhibit/Continental breakfast
8:00-8:10 am Announcements: Jeffrey S. Abrams, M.D.

Session I: Shoulder Instability
Moderator: Robert R. Bell, M.D.
8:10-8:30 am MRI of the Shoulder with Clinical Correlation
Kevin Vu, M.D.
8:30-8:42 am Traumatic Shoulder Dislocations: Choosing the Best Operation Arthroscopic or Open
John M. Tokish, M.D.
8:42-8:54 am Arthroscopic Bankart Repair, Technique and Augmentation for Minor Bone Loss
Alan S. Curtis, M.D.
8:54-9:06 am Glenoid Rim Injuries: Acute and Chronic Fractures
Jeffrey S. Abrams, M.D.
9:06-9:18 am The Latarjet Stabilization: Indication, Technique and Results
Matthew T. Provencher, M.D.
9:18-9:30 am Revision of Failed Stabilization: Analysis, Arthroscopic and Open Revision Surgery
Felix H. Savoie III, M.D.
9:30-9:45 am Q & A
9:45-10:30 am Refreshments/Exhibits

Session II: Instability/The Overhead Throwing Athlete
Moderator: Matthew T. Provencher, M.D.
10:30-10:42 am Arthroscopic Findings and Treatment of Posterior Instability
Richard L. Angelo, M.D.
10:42-10:54 am Multidirectional Shoulder Instability: How to Balance the Capsule?
Kevin D. Plancher, M.D.
10:54-11:06 am Internal Impingement Tears in the Overhead Athletes
Richard L. Angelo, M.D.
11:06-11:18 am SLAP Tears: Do We Fix, Tenodese or Ignore?
Donald A. Buford, M.D.
11:18-11:30 am Instability in the Overhead Athletes
Louis F. McIntyre, M.D.
11:30-11:45 am Q & A
11:45-1:15 pm Luncheon

Session III: Rotator Cuff
Moderator: Kevin D. Plancher, M.D.
1:15-1:27 pm The PASTA Tear: Arthroscopic Evaluation and Treatment
Richard L. Angelo, M.D.
1:27-1:39 pm Arthroscopic Treatment of Bursal and Intertendinous Partial Thickness Tears
Robert R. Bell, M.D.
1:39-1:51 pm Arthroscopic Classification and Repair of Subscapularis Tendon
1:51-2:03 pm  
Felix H. Savoie III, M.D.  
The Large and Massive Rotator Cuff Tear: Repairs, Grafts and Arthroscopic Options

2:03-2:15 pm  
Alan S. Curtis, M.D.  
Biceps Surgical Treatment When Treating Patients With Rotator Cuff Tears

2:15-2:27 pm  
Jeffrey S. Abrams, M.D.  
Superior Capsular Graft Reconstruction for Irreparable Cuff Tears

2:27-2:45 pm  
John M. Tokish, M.D.  
Q & A

2:45-3:30 pm  
Refreshments

Session IV: Shoulder Trauma
Moderator:  
J. Martin Leland III, M.D.

3:30-3:42 pm  
Clavicle Fractures: Indication and Technique for Surgical Fixation  
Alan S. Curtis, M.D.

3:42-3:54 pm  
Acromioclavicular Dislocations: Indication and Technique For Surgical repair  
William R. Beach, M.D.

3:54-4:06 pm  
Proximal Humeral Fractures: Assessment, Indications for Non-operative and Operative Repairs  
Robert R. Bell, M.D.

4:06-4:18 pm  
The Role of Reverse Total Shoulder Arthroplasty in Management of Proximal Humeral Fractures  
Theodore A. Blaine, M.D.

4:18-4:30 pm  
Post Traumatic and Post Surgical Arthrofibrosis Assessment and Management  
J. Martin Leland III, M.D.

4:30-4:45 pm  
Q & A

5:00-6:00 pm  
Workshop/Breakout I  
Diagnostic Ultrasound, How to Increase Precision in Orthopaedic Injections  
Donald A. Buford, M.D.

Workshop/Breakout II  
Resurfacing Arthroplasty Indications Implants and Techniques  
Anthony Miniaci, M.D.

Workshop/Breakout III  
How to Create the Ideal Tension in Reverse Total Shoulder Arthroplasty  
Theodore A. Blaine, M.D.
Sunday April 9, 2017
7:00-8:00 am  Registration/Continental Breakfast
8:00-8:05 am  Announcements: M. Mike Malek, M.D.

Session I: Knee Arthroplasty
Moderator: Jimmy Chow, M.D.
8:05-8:17 am  Pre Navigated and Fast Recovery TKA
              David Mayman, M.D.
8:17-8:29 am  Sensor Assisted TKA, What Have We learned?
              Jimmy Chow, M.D.
8:29-8:41 am  The Case for UKA and Robatics
              David Mayman, M.D.
8:41-8:53 am  Subchondroplasty
              Peter F. Sharkey, M.D.
8:53-9:05 am  Reducing PPI Following Total Joint Arthroplasty; Multimodal Approach
              Peter F. Sharkey, M.D.
9:05-9:25 am  Q & A
9:25-10:00 am Refreshments

Session II: Shoulder Arthroplasty
Moderator: Jeffrey S. Abrams, M.D.
10:00-10:12 am Treatment Options for Young patients with Arthritis
              Anthony Miniacci, M.D.
10:12-10:24 am Anatomic Shoulder Arthroplasty
              Robert R. Bell, M.D.
10:24-10:36 am Retroverted and Eccentric Glenoid Wear: Prosthetic Choice and Technique
              Anthony Miniacci, M.D.
10:36-10:48 am Reverse Total Shoulder Arthroplasty: Indication, Technique and Results
              Theodore A. Blaine, M.D.
10:48-11:00 am Cuff Tears and Arthroplasty: Decision Making and Technique
              Robert R. Bell, M.D.
11:00-11:12 am Complications of Reverse Shoulder Arthroplasty
              Theodore A. Blaine, M.D.
11:12-11:30 am Q & A
11:30 am Adjourn